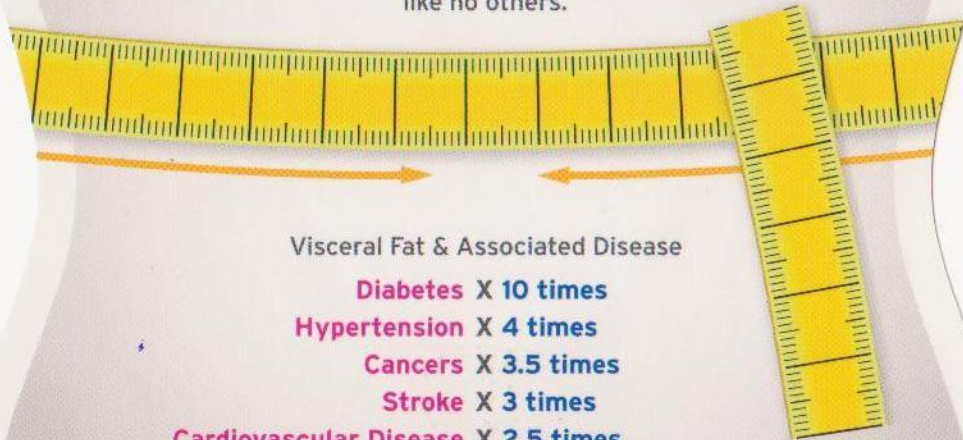


FLATTER TUM BETTER HEALTH

Trim your body the natural and scientific way.

Through a safe and patented combination of ultrasound frequency and intensity, this treatment helps trim your body like no others.



Visceral Fat & Associated Disease

- Diabetes** X 10 times
- Hypertension** X 4 times
- Cancers** X 3.5 times
- Stroke** X 3 times
- Cardiovascular Disease** X 2.5 times

Source: Metro Daily

WAIST MANAGEMENT PROGRAM



STEP 1

Using modern devices to carry out

- Visceral Fat % Analysis
- Hip : Waist Analysis
- Segmental Body Fat % Composition Analysis

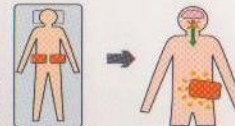


Subcutaneous Fat
Visceral Fat

STEP 2

Targeted trimming by ultrasound

- ▶ Is composed of 10 minutes of treatment per session for each treated zone, stimulating only the sympathetic nerve endings of the treated zone.
- ▶ The treatment bypasses the central nervous system and locally facilitates the release of noradrenaline, with which the fat of the treated zone is converted to FFA (free fatty acids) and Glycerol, which in turn are consumed by passive exercise performed by toning machine.



STEP 3

20 minutes toning & passive Power Plate Exercises designed by our Registered Physiotherapist.

TESTIMONIALS



BEFORE



AFTER 32 SESSIONS
(WAIST -12CM)



BEFORE



AFTER 12 SESSIONS
(UPPER TUMMY -5CM)



BEFORE



AFTER 27 SESSIONS

Exclusive Offer for Quality HealthCare Members (\$150)

1. Health assessments with reports:

Visceral Fat % Analysis | Hip: Waist Analysis | Segmental Body Fat % Composition Analysis

2. Passive Toning Exercise (Power Plate) (Valued at \$680)

Central 2160 5760 | Causway Bay 2890 3230 | Website www.flattum.qhms.com

Expiry date: 30 April 2011 | The offer is only applicable to new client. | In case of any dispute, Quality HealthCare reserves the right of final decision.